

460.

Wausau Wis Dec. 1st. 186

Dr. Adin Sherman -  
Dear Sir: - Supt.  
Kinnabago

Peace on Earth <sup>and</sup> Good Will  
unto men - but where is my peace?  
Why am I so miserable? When  
was woe ever equal to mine?  
Here I am a sick man, though  
my body is healthy - I presume  
that Peace on Earth does not so  
much mean the absence of  
war, but rather the peace of  
mind with every individual  
that contentment of soul, that  
inner rest, which alone makes  
for real happiness, yet it  
would seem that few men  
find that peace, indeed most  
of them look for peace not  
on earth but six feet below,  
on his tombstone, man engraves  
his wish <sup>and</sup> desire in the words

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Rest in Peace <sup>and</sup> so be it  
with me - My Dear Doctor  
Hardly two hours of sleep  
<sup>and</sup> rest could I find the  
past week Sunday was  
the worst day I ever spent  
in my life my mind is  
an absolute blank as to  
what happened that day  
I presume that a good sermon  
would have cheered me up  
a little but we do not get  
Church as often in this  
home as we did in yours  
By the severity of the spell  
through which I passed now  
for almost two months I  
wish I could conclude that  
it is the last one the tail  
end of that after effect of that  
dreadful drug habit to which  
was addicted in 1911-12.

Oh how I would like to  
be sane <sup>and</sup> well again as I  
was before disaster overtook  
me. oh how I am longing  
for Peace on Earth more than  
below the earth - I was  
unable to go to work Monday  
morning but I realized  
that I needed lots of tobacco  
<sup>and</sup> on the wards we can not  
have as much as I just  
now need - May the New year  
bring to me that peace of mind  
I need more than anything else.  
My Dear Doctor -  
It is a little early to send  
you my best wishes for the  
holidays but it is not  
unlikely, that I am less  
capable mentally by that  
time to do so.  
May the New year strengthen

our friendships may many  
more years be yours in health  
and prosperity. May the Almighty  
bless and enlighten you in the  
future as in the past that you  
may always do justice and come  
to the right decision in your  
responsible position -

In this spirit I wish  
you and your family  
a Merry Christmas  
and a happy New Year

Most Resp yours  
John Hamman-Schrank